

South Gloucestershire

Protecting and improving the nation's health



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Advice to All Parents - single case

Dear Parents,

We have been advised that there has been a confirmed single case of COVID-19 within the school / educational setting.

We know that you may find this concerning but we are continuing to monitor the situation and are working closely with Public Health and Education colleagues in South Gloucestershire. In line with the national guidance, we do not need to take any further action as all close contacts are already isolating.

No students are required to isolate, as this single case was limited to a small number of staff contacts. The school remains open, and providing your child remains well and shows no symptoms of Covid-19, they should continue to attend school as normal.

We know this news may cause concern and that you may have questions as a result of reading this letter. Please be assured we are closely following all guidance from Public Health England to keep our school as safe as possible and that the safety of our children and staff is our number one priority.

South Gloucestershire Council has produced a range of resources for parents and carers to help with any additional Covid-19 queries.

Please visit: www.southglos.gov.uk/schoolreturn

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they must not come to school/setting and should remain at home for at least **10 days** from the date when their symptoms appeared. Anyone with symptoms will be eligible for a PCR test (the normally available test type) and this can be arranged via https://www.nhs.uk/ask-for-acoronavirus-test or by calling 119.

All other household members who remain well, must stay at home and not leave the house for 10 days. This includes anyone in your 'Support Bubble'.

Further information is available at:

https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection





The household isolation period includes the day the first person in your household's protecting asymptoms started (or the day their test was taken if they did not have symptoms) and the next 10 full days. This means that if, for example, your 10 day isolation period starts on the 15th of the month, your isolation period ends at 23:59 hrs on the 25th and you can return to your normal routine.

Household members should not go to work, preschool/school or public areas and exercise should be taken within the home.

If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at https://111.nhs.uk/ or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

- Do
 - wash your hands with soap and water often do this for at least 20 seconds
 - use hand sanitiser gel if soap and water are not available
 - wash your hands as soon as you get home
 - cover your mouth and nose with a tissue or your sleeve (not your hands)
 when you cough or sneeze
 - put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at https://www.nhs.uk/conditions/coronavirus-covid-19/

Yours sincerely Louise Leader Headteacher