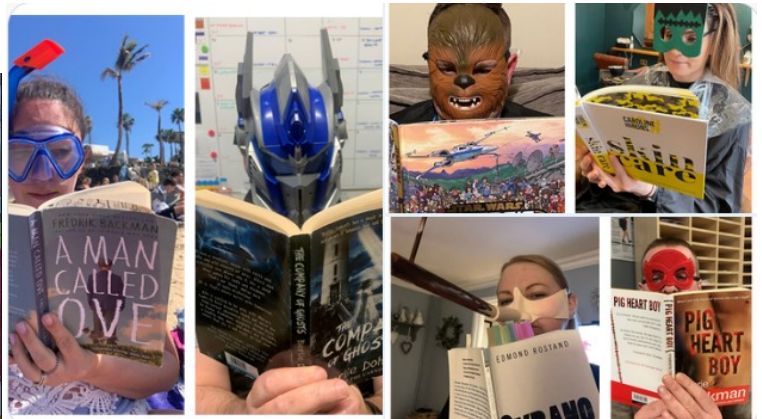
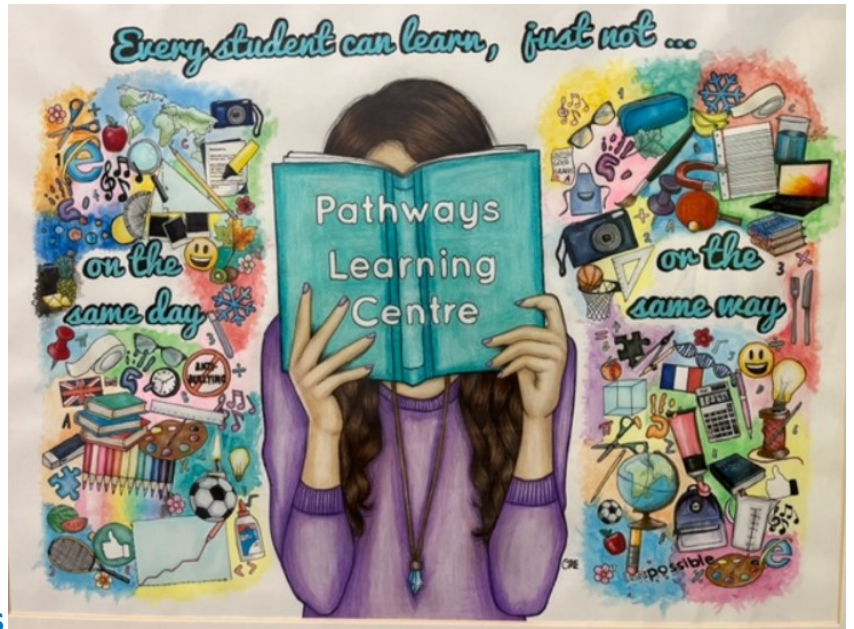


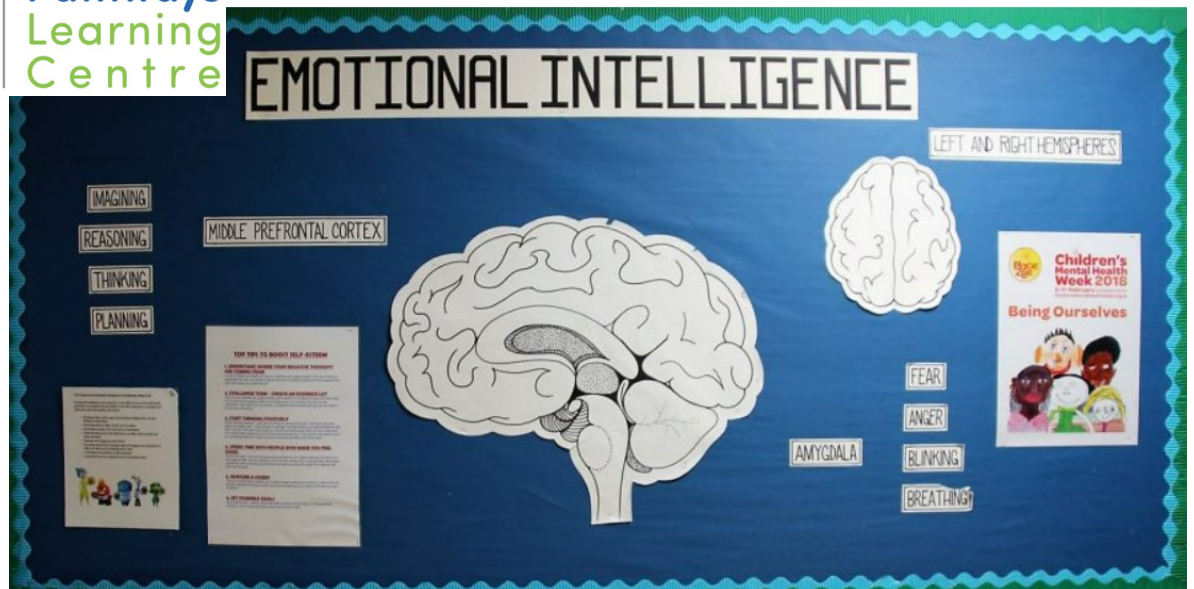


Outstanding Personal Development
Outstanding Behaviour and Attitudes



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Outstanding Behaviour and Attitudes







0300 123 3393
Infoline
mind.org.uk



SUPPORTS MENTAL HEALTH WEEK
"TALKING SAVES LIVES"



Text YM to 85258
24/7 text service
youngminds.org.uk



Text SHOUT to 85258
24/7 text service
giveushout.org



116 123
24/7 helpline
samaritans.org



0800 58 58 58
Helpline for men
thecalmzone.net



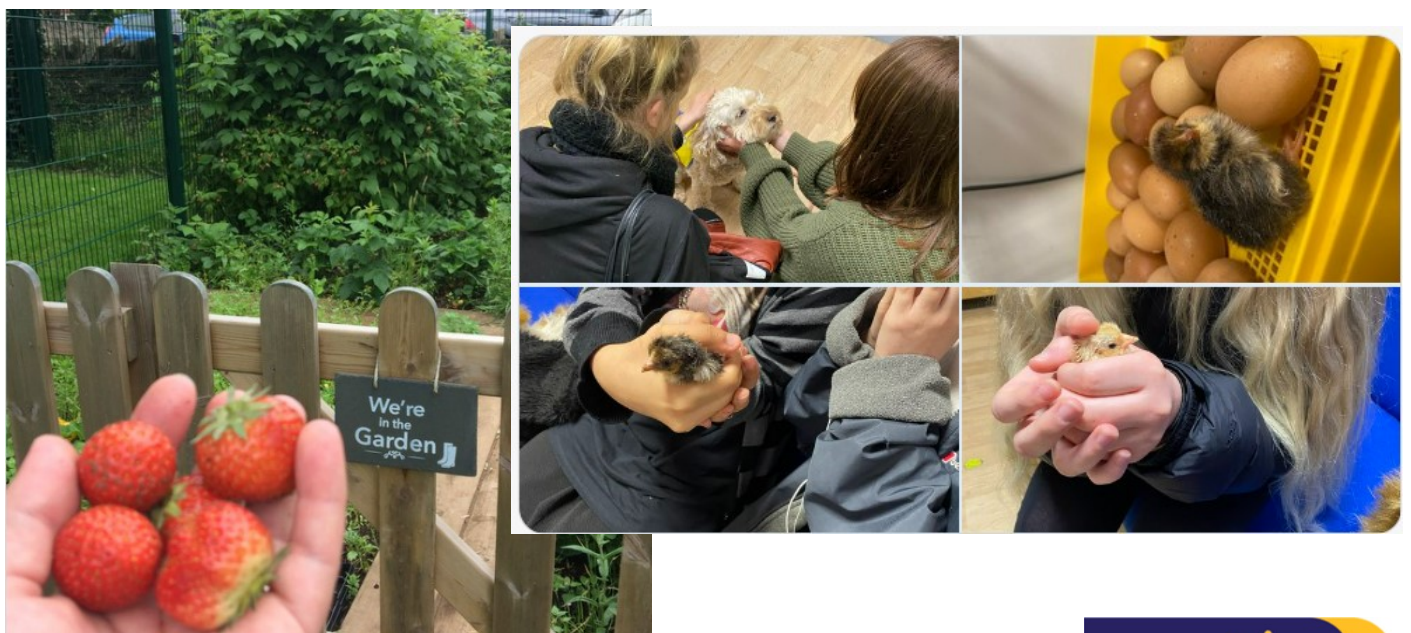
0800 068 4141
Under 35s Helpline
papyrus-uk.org



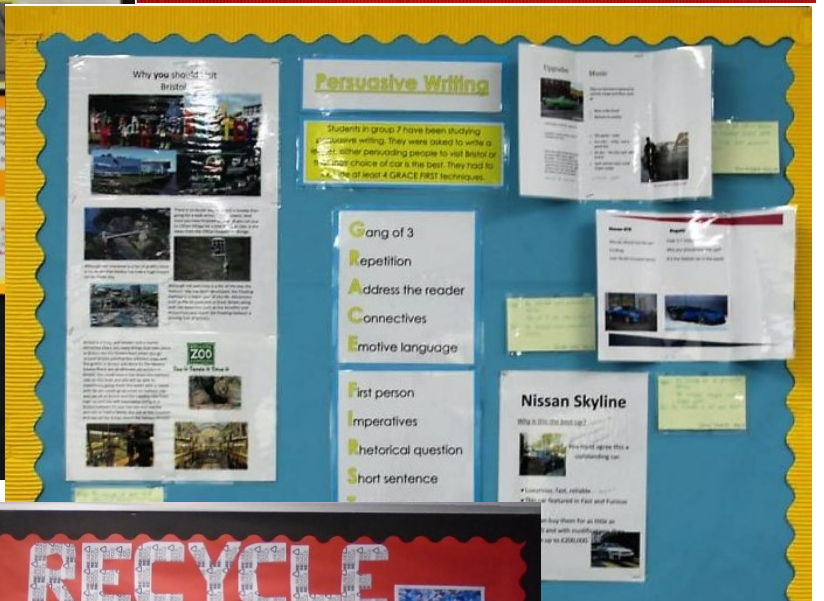
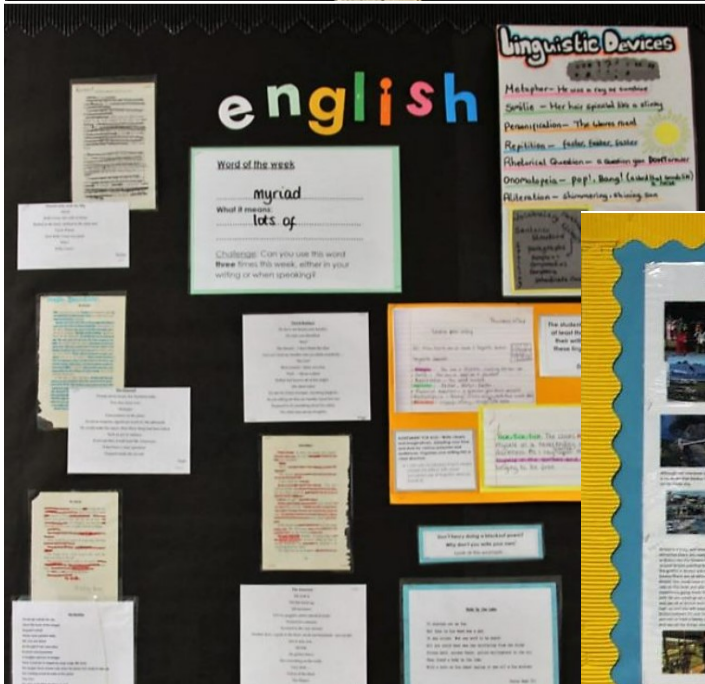
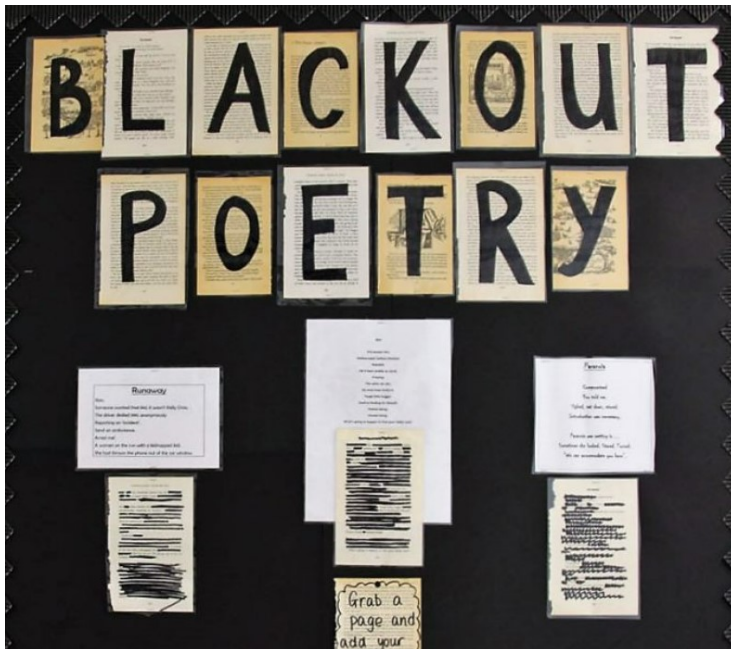
If you're under 25:
THE MIX

0808 808 4994
Open 4pm - 11pm





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