

SUMMER HUB

Mixed non-contact boxing sessions with a qualified Empire boxing coach during the summer holidays.

Young people can learn boxing techniques, skipping, improve their fitness, and enjoy a fun environment without any physical contact or sparring.

FREE for any young person aged 8 to 16

WHEN?

Everyday Mon to Fri **10:30am - 12:00pm**

Starts: Mon 5th August Ends: Fri 30th August
(excluding bank holiday Monday 26th August)

WHERE?

Empire Fighting Chance, The Mill,
Lower Ashley Road, Easton, BS5 0YJ

WANT TO BOOK?

Email info@empirefightingchance.org
Or call 0117 233 8700